

GSL 3A/4A Awards - Girls 2023

Coach of the Year	Kara Sharpe	University	
Defensive Co-MVP:	Keagan Austin	Gonzaga Prep	Sr
Defensive Co-MVP:	Taylor Rasmussen	Ridgeline	Sr
Offensive MVP:	Carsyn Gildehaus	University	So

All-League, First Team

G	Shuler, Kenzie	Mt Spokane	So
D	Cullen, Nora	Mead	So
D	Few, Julia	Gonzaga Prep	Jr
D	Smith, Olivia	Ridgeline	Jr
M	Kerr, Caylee	Gonzaga Prep	Sr
M	Keys, Tess	Gonzaga Prep	Sr
M	Koscielski, Bre	Mt Spokane	Sr
M	Mueller, Quinn	Ridgeline	So
F	Longo, Isabella	University	Sr
F	Wanner, Jennah	Gonzaga Prep	Jr
F	Young, Preslie	Ridgeline	Sr

All-League, Second Team

G	Vakaloloma, Aliana	Ridgeline	Fr
D	Davis, Elisa	Ferris	Sr
D	Heaton, Lilly	University	So
D	Grumbly, Grace	Cheney	Sr
M	Ahumada, Chloe	University	So
M	Alfaro, Sofia	Lewis & Clark	Sr
M	Gardner, Teryn	Mead	Sr
M	Washington, Sylvie	Ferris	Jr
F	Felice, Ava	Gonzaga Prep	Jr
F	Miller, Alex	Cheney	Sr
F	Thompson, Natalie	Ridgeline	Jr

All-League, Honorable Mention

G	Carpenter, Aubree	University	Sr
G	Johansen, Myann	Ferris	Jr
G	Liezen, Abby	North Central	Jr
G	Olson, Mallory	Central Valley	So
M	Davidson, Avery	Mt Spokane	Fr
M	Dornay, Gretchen	Lewis & Clark	Jr
M	Evans, Paige	Cheney	Sr
M	Hansen, Dakota	Mt Spokane	Jr
M	Howard, Grace	Mead	Sr
M	Shaw, Ruby	Lewis & Clark	So
F	Bringhurst, Avery	Central Valley	Jr
F	Tee, Keegan	Lewis & Clark	So
F	Vanos, Rylee	Mead	So
F	Wicks, Pearl	North Central	So